

7 Things You'll Love In Jamaica

There are many things you could potentially do while you're in Jamaica. I've come up with just 7 things though that I think you'd like when you go there.

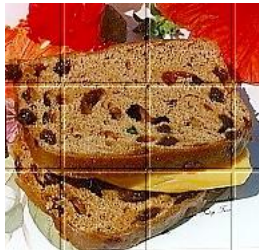
Food

Ackee & Salt Fish



This is the national Dish of Jamaica. It is made by Cooking The Fruit from the Ackee Tree. You first cook this to make it pure then you make it with Salt Fish (Salted Cod). This is a Delicious Meal that can be had with cooked bananas for breakfast, Or Even eaten with Rice Or Fried Dumplings. It is something that you must taste if you visit Jamaica.

Bun & cheese



Spiced Bun With Cheese. Known Affectionately As "Bun n Cheese". This meal is usually Had During the easter holidays and simply consists of the Soft & Juicy Spiced Bun with New Zealand or Jamaican Made Cheese. Even if you Do not go there for Easter you should consider getting this to eat!

Rice & Peas



This is probably the most popular Thing to have for Jamaicans. Rice With Kidney Beans. Also known to Jamaicans as Rice n Peas. This delicious meal is made from Rice with coconut Milk and The red kidney beans. You'll love it.

Bammy



Bammy is one of those old school Jamaican meals. It is made from Cassava. Its something that you should try while you're there. You will love it. Jamaicans especially like to eat their Bammy with fried fish!

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Course

Beef Patty



This is one of the most popular Jamaican Export. The beef patty is quite popular in Jamaica as lunch and is usually had with orange Juice. This is one of the most delicious things you'll ever taste.

Jerk Chicken



When People think of Jamaica they see bob marley, Reggae music and JERK CHICKEN. This is one of the most tasty ways you can cook chicken. It is basically grilled chicken over a nice home made grill with the perfect blend of herbs and spices to make your taste buds go WOW.

Music

Reggae



Being in Jamaica, You'll hear a lot of new wonderful Reggae Music that you've never heard before. As you know this is the most popular export of Jamaica. Bob Marley may be the most popular Jamaican Reggae musician there are many more Jamaicans Singing in the native [Patwa](#) and even the more understandable "Jamaican English". When you're here you must prepare for the amazing artistes that you'll listen to.

Dancehall



If you like dancing then this is the kind of music for you. This music is like reggae but fast paced and made for dancing. It is the modern version of Bob Marley's type of singing. You will enjoy this one.

Jamaican Patwa

This is the most common language you'll hear when you are in Jamaica. It is spoken by the locals and its a combination of many african languages, Native indian languages and even English languages. If you're going to jamaica then you should probably look on the section where the talk about [jamaican patois](#) to english translations.

Beaches

7 Mile Beach



7 Mile beach is one of the most beautiful and most popular beaches in Jamaica. I don't think i need to say anymore when i'm talking about it. The picture speaks for itself right? Leave a comment and let me know what you think.

Ocho Rios



Then there is Ocho Rios This is place is just as beautiful. It has many attractions including the famed Dunns River Falls. The natural beauty is sure to stun anyone and Once you are there you will see what i mean.

Kingston



Kingston is the capital and it is one of the most beautiful places to see but it is one of the lesser known places by tourists. When you go there you'll know.

Montego Bay



Montego bay has the 2nd major airport in Jamaica (After the airport in kingston). This is the place to go if you want to enjoy beaches and nature but at the same time you want to shop in style. Montego bay will be a place, you never forget.

Places to See

Bob Marley



This is the statue of Bob Marley Located in Kingston. While there are many of them to be seen all over Jamaica. It may be worth your wild to go there and visit the museum and see it all in person.

Lovers Leap



Lovers Leap is one of St Elizabeths most prized attractions. Just look at the view. I would sit here and tell you the back story of why this place is called lovers leap but i will show you why [here](#).

People

The People are warm and friendly and ever so nice. You will never have a problem getting around because asking people will always yield a warm smile and they will be happy to help. You will find people selling things, people swimming, dancing, singing. You will get to meet with a lot of interesting people and i'm sure you'll like it.

Nature

Montego Bay



My personal favorite is Montego Bay. It is just a beautiful sight to be seen when you go there. Just look at that picture. Wow amazing isnt it?

Blue Mountains



The last is the blue mountains where the famed blue mountain coffee comes from. There is not much to be said about it.

These are a few things and a few words about them. I would appreciate a comment of what you thought or if you went to Jamaica what experience was your favorite.

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